CHARACTER TRAIT FOR JANUARY/FEBRUARY

KULEANA EDUCATION KONA HAWAII

COURAGE

I. DEFINITION

Having the determination to do the right thing even when others don't. Having the strength to follow your conscience rather than the crowd. Attempting difficult things that are worthwhile.

II. QUOTES

Courage is resistance to fear, mastery of fear-not absence of fear. *(Mark Twain)*

True courage consists not in flying from the storms of life but in braving and steering through them with wisdom. *(Hannah Webster Foster)*

You gain strength, courage, and confidence by every experience in which you really stop and look fear in the face. *(Eleanor Roosevelt)*

One man with courage makes a majority. *(Andrew Jackson)*

The possibility that we may fall in the struggle ought not to deter us from the support of a cause we believe to be just. *(Abraham Lincoln)*

A man who doesn't stand for something will fall for anything. *(Peter Marshall)*

III. DISCUSSIONS/QUESTIONS

- Discuss a courageous person or act. What qualities do they possess?
- Why is being courageous difficult?
- How do you show courage when confronting peer pressure?

IV. SUGGESTIONS FOR SERVICE-LEARNING ACTIVITIES

- Identify someone that has shown courage and discuss their underlying values. With their permission, write a short story, create a video or scrapbook to share their life experience with others.
- Research and participate in a service activity with people or issues that you normally would not have contact with or that makes you feel uncomfortable. Learn about the differences and similarities and share with others through written or verbal illustrations.

V. KEY EVENTS

- **"MLK Day" – National Day of Service**
- **National No Name-Calling Week**
- **"Love The Bus" Month**
- **President's Day**

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VI. ADDITIONAL RESOURCES

BOOKS

K-5

- The Boy Who Held Back the Sea by Lenny Hort
- Call it Courage by Armstrong Sperry
- Charlotte's Web by E.B. White
- Courage by Bernard Waber
- Freedom on the Menu: the Greensboro sit-ins by Carole Boston Weatherford
- I am Rosa Parks by Rosa Parks
- Jack and the Beanstalk by Steven Kellogg
- Knots on a Counting Rope by Bill Martin
- Lon Po-Po: a Red-Riding Hood story from China by Ed Young
- Number the Stars by Lois Lowry
- Sweet Clara and the Freedom Quilt by Deborah Hopkinson
- The Summer My Father Was Ten by Pat Brisson
- Testing the Ice: a true story of Jackie Robinson by Sharon Robinson
- Through My Eyes by Ruby Bridges
- Thunder Cake by Patricia Polacco

6-8

- Roll of Thunder, Hear My Cry by Mildred Taylor
- The Secret Garden by Frances Hodgson Burnett
- Julie of the Wolves by Jean Craighead George
- A Wrinkle in Time by Madeline L'Engle
- Island of the Blue Dolphin by Scott O'Dell
- The True Confessions of Charlotte Doyle by Avi
- Hatchet by Gary Paulsen
- The Lord of the Rings series by J.R.R. Tolkien

9-12

- Beowulf
- To Kill a Mockingbird by Harper Lee
- The Diary if a Young Girl by Anne Frank
- Gulliver's Travels by Jonathan Swift
- The Lord of the Rings (series) by J.R.R. Tolkien
- The Adventures of Tom Sawyer by Mark Twain

WEBSITES

www.character.org

www.charactercounts.org

www.nonamecallingweek.org

www.lovethebus.com

For more information on quality service-learning from National Youth Leadership Council, visit **www.nylc.org**